

PLANNING DU DOJO 2016-2017



TIME	LUNDI	MARDI	MERCREDI	JEUDI	VENREDI	SAMEDI	DIMANCHE
08:00			CIS LUCCIANA 08H-10H				
09:00				HATAH YOGA 09H30-11H	GYM 09H-11H	L.DANSE 09H-10H15	
10:00	LES AINES RURAUX 10H-12H						
11:00		GYM 09H-14H					
12:00			L. DANSE 12H30-15H	GYM 12H-14H		BOXE 10H15-12H30	
13:00		TAP 14H-17H		TAP 14H-17H			
14:00					TAP 14H-17H	TAEKWONDO 14H-17H	
15:00	GYM 14H-16H						
16:00			TAEKWONDO 16H-20H				
17:00	JUDO 17H-19H30			JUDO 17h30-20h			
18:00		JUDO 17h30-20h			L. DANSE 17H-21H		
19:00	BALLERINA			JUDO 17h30-20h			
20:00	KRAV MAGA 19H30-22H	GYM		GYM			
21:00		KRAV MAGA 20H-22H	BOXE 20H-22H	KRAV MAGA 20H-22H			
22:00		TAEKWONDO		TAEKWONDO			

PLANNING DE LA SALLE DE SPORTS 2016-2017



	LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
08:00	08H-10H	08H-10H	08H-10H	08H-10H	08H-10H		
09:00	CIS LUCCIANA	CIS LUCCIANA	CIS LUCCIANA	CIS LUCCIANA	CIS LUCCIANA	CASINCA BAD 09H-12H	BASKET
10:00							
11:00							
12:00							
13:00							
14:00			BASKET			BASKET	
15:00	SCOLAIRES	SCOLAIRES	13H-22H	SCOLAIRES	SCOLAIRES		
16:00							
17:00	BALLERINA	BALLERINA			BALLERINA		
18:00	16H30-18H	16H30-18H			16H30-18H		
19:00		BASKET		BASKET	BASKET		
20:00	BASKET	18H-20H		17H30-20H	18H-22H		
21:00	18H-21H30	CASINCA BAD 20H-22H		CASINCA BAD 20H-22H			
22:00							

L.DANSE : Mme BARON POLIGAN	06.15.49.78.82
GYM : Mme MALIGNON	04.95.36.25.15 06.16.33.83.78
TAEKWONDO : Mr BRAGONI	06.42.45.85.35
JUDO : Mr DESANTI	06.10.64.94.24
HATHA YOGA : Mme BROSSET	06.33.97.41.32
BOXE AMERICAINE : Mr CIANO	06.60.05.66.78
KRAV MAGA : Mme RENOUX	06.19.38.86.26
KICK BOXING : Mr MARIOTTI	06.26.86.74.57 06.09.07.53.70
AÎNES RURAUX : Mr ISOLA	06.09.85.43.94/04.95.36.81.70
DANSE BALLERINA	06.24.15.93.54
CASINCA BAD : Mr TAUZIAS	06.95.80.22.60
BASKET : Mme OTTOMANI	06.78.98.60.61